



# HEALTH

## Medicine Specialist Receives Teacher of the Year Honor



The Illinois Academy of Family Physicians (IAFP)

"The award recognizes a family physician for out-

standing service to students, residents, colleagues and friends as a teacher who best personifies excellence in teaching the specialty of family medicine," according to a letter from the IAFP. Dr. Guerrero was recognized for his contributions to family medicine as a volunteer preceptor (instructor), and his work as a practicing family physician. He teaches an introduction-to-patient-care class for first and second

year medical students at the University of Illinois at Chicago, College of Medicine. As a volunteer, Dr. Guerrero teaches at a nursing school in the Philippines, where he also has led several medical missions. "I am very much humbled and honored to receive this award," Dr. Guerrero said. "This award is a culmination of my vision and devotion as a teacher."

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## Gear Up for Cold Weather and Snow Removal

Now that the snowfall has begun, it is important for residents to remember to stay safe while enjoying their favorite winter activities. Weather conditions over the next few months can pose serious safety threats to those who are not prepared. To ensure a safe and healthy season, Northwestern Memorial Hospital recommends the following tips:

**Beware of Slippery Conditions:** Icy conditions cause many slips and falls. Wear well-insulated boots with good traction on the bottom. Walk on shoveled sidewalks when possible. Bending your knees and taking slower, shorter steps will reduce the chance of falling.

**Bundle Up:** Dress appropriately before going

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